

Flu Prevention

Facts and Tips



You are less likely to get the flu after vaccination.

While some people who get vaccinated may still get sick, the flu vaccine has been shown to **reduce the severity** of the illness.



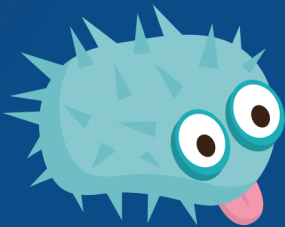
It is strongly encouraged you receive the flu vaccine by October 31, 2020.

We must work together to **protect us all** during flu season.



Flu vaccinations are readily available at CVS, Walgreens, Target, and clinics.

Some even offer incentives (like a **\$5 gift card**) as well as, **drive-up** vaccinations.



Many county health departments offer free flu shots during flu season.

Contact your county's health department to see if you can benefit from this service.



Tips for talking to your child about the flu shot:

Visit the CDC website:
www.cdc.gov/flu/resource-center

NEW
HORIZON
ACADEMY



Flu symptoms look much like **COVID**. Getting a flu shot could prevent you from being unnecessarily quarantined for 14 days.